

Minimize Aging with Cosmetic Fillers

There is no question that reality television shows are increasing the demand for plastic surgery, but not every woman is in need of the extreme makeover. Many women simply want to erase some of the signs of aging while avoiding a more invasive procedure. There are many amazing products on the market that give instant and long-lasting wrinkle correction.

Restylane and Juvederm are both safe and natural cosmetic dermal fillers that restore volume and fullness to the skin to correct moderate to severe facial wrinkles and folds, such as the nasolabial folds more commonly known as smile lines. These are also used to provide more fullness to the lips and to remove fine lines around the mouth associated with aging.

Restylane and Juvederm are made of hyaluronic acid. Hyaluronic acid is a natural substance that already exists in the human body and is used to provide volume and fullness to the skin. These products are in the form of a smooth injectable gel. Juvederm comes in two formulations Juvederm Ultra and Juvederm Ultra Plus. Your doctor or healthcare professional will inform you which formulation is right for you and for the particular areas you are injecting. The Ultra is optimally formulated for versatility in contouring and volumizing wrinkles or folds while the Ultra Plus is a robust formula for volumizing and correcting deeper wrinkles and folds.

These products have been used safely and effectively by dermatologists and plastic surgeons worldwide. The most commonly reported side effects are temporary redness, bruising and swelling at the injection site. These typically resolve within one to two days. To help reduce these side effects, it is best to avoid using aspirin or aspirin containing products, herbal remedies, or high doses of vitamin E supplements for at least a week prior to your scheduled appointment. Using ice to the area afterwards will help dissipate the swelling as well. Also, if you have ever suffered from facial cold sores inform your physicians' office prior to your appointment so he/she may prescribe an antiviral medication to help avoid reoccurrence.

The most common question I receive is "How long will it last?" Studies show that the average treatment results last for up to six months or longer. There is evidence showing that having a touch up treatment before the product has fully dissipated enhances the lasting effect. The Juvederm and Restylane are injected into the desired areas by an ultra fine needle, resulting in minimal discomfort. Some of the products also have lidocaine in them allowing the area to be numb after the injection. The procedure is simple and convenient, and results are practically instantaneous. In some areas of injection a local anesthetic block may be used to further minimize any discomfort.

Since Juvederm and Restylane are customized procedures based on your specific needs, the cost will vary from patient to patient. Due to their long lasting effects this can be very economical over the long term with extremely fulfilling results. For all women who would like to erase the signs of aging but do not have time, money or desire for the extreme makeover, cosmetic fillers may be your answer.

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